

SEPTEMBER 2026



Hillside Terrace
SENIOR LIVING

Hello everyone and welcome fall!

One of the best months to me because you can still soak up the end of the sunny days of summer and get out for a nice walk, but it leads into that brisk cozy autumn nights curled up with a nice hot cup of coffee!

We are ecstatic to celebrate the two-year anniversary of the opening of our Hillside Terrace Memory Care Community! As we celebrate the success of having our memory care open for two years, we also celebrate Hillside Terrace's 57th year.

This month we will be having a special dinner outing to Dexter's 42 North Social House. We are hoping the weather cooperates and allows us to enjoy their outdoor seating, so we can enjoy a nice dinner and the beginning of the beautiful fall colors.

We're watching the weather to switch over from A/C to heat. If need be, your family can bring in a **Hillside Approved** portable electric heater.

Welcome to all new additions to the Hillside family!

Nanya and Vic Litz
Chief Operating Owners



Happy Birthday Residents!

Richard Bassett 9/3

Harvey Lyons 9/26

Dale Leslie 9/26

Kathryn Bradbury 9/28

SEPTEMBER

SUNDAY	MONDAY	TUESDAY
		1 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn
6	7 <i>Labor Day</i> 9:30 Exercise 10:30 Kroger 2:00 Bingo 3:30 Manicures	8 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn
13 1:30 Social Hour in the Rec. Room 3:00 Chapel	14 9:30 Exercise 10:30 Kroger 2:00 Bingo 3:30 Manicures	15 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie & Aeris 1:30 Verna's Exercise 3:00 Resident Council Meeting
20 1:30 Social Hour in the Rec. Room 3:00 Chapel	21 9:30 Exercise 10:30 Kroger 2:00 Bingo 3:30 Manicures	22 <i>First Day of Fall!</i> 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn 5:00 Dinner at 42 North Social House
27 1:30 Social Hour in the Rec. Room 3:00 Chapel	28 9:30 Exercise 10:30 Kroger 2:00 Bingo 3:30 Manicures	29 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 9:30 Exercise 10:30 Rummikub 2:00 Bingo 3:30 Music: Tony	3 9:30 Exercise 10:30 Outing to Ann Arbor Library 1:30 Communion 2:00 Meijer 4:15 Garden Walk	4 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Scrabble 3:30 Piano with Ed	5 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles 7:30 Michigan v. Western Michigan
9 Wellness Day 9:30 Exercise 10:30 Wellness Day 1:00 Dementia Friendly Movie: Gidget 3:30 San, Laz and Emily	10 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer 4:15 Garden Walk	11 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Wheel of Fortune	12 9:30 Exercise 10:30 Arts & Crafts 12:00 Michigan v. Oklahoma Tailgate
16 9:30 Exercise 10:30 Farkle 2:00 Bingo 3:30 Music: Paul and September Birthday Party	17 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Big Meijer 4:15 Garden Walk	18 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Bowling 3:30 Piano with Ed	19 9:30 Exercise 10:30 Arts & Crafts 3:30 Michigan v. UTEP Tailgate
23 9:30 Exercise 10:30 Baking Group 2:00 Bingo for Bucks 3:30 Rummikub	24 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer 4:15 Garden Walk	25 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Music: Angela & Tom	26 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles Michigan v. Iowa Tailgate TBD
30 9:30 Exercise 10:30 Cards 2:00 Bingo 3:30 Music: Rob			

Special Outings and Activities!

Dementia Friendly Movie: Gidget –
Wednesday the 9th at 1pm

Michigan V. Oklahoma Tailgate Party
Saturday the 12th at 12pm

Shopping Outing to Big Meijer
Thursday the 17th at 2pm

Michigan V. UTEP Tailgate Party
Saturday the 19th at 3:30pm

Dinner outing to 42 North Social
House
Tuesday the 22nd at 5pm



NEWS FROM ACTIVITIES

Welcome September and welcome Autumn!

GO BLUE! Now that football season is starting back up, we will be cheering on the Michigan Wolverines with a tailgate party and snacks on the Saturdays when the game time allows. We have our regular outing to the Ann Arbor Public Library on the first Thursday of the month. We head back to the dementia friendly movie in Saline this month to watch the movie Gidget. For our special shopping trip, we will be going to the Big Meijer on Ann Arbor-Saline Road. We have a special dinner outing to 42 North Social House in Dexter. We hope that it will be nice enough for us to sit out on their deck, enjoying good food and the early fall weather.

*Everyone is Welcome,
Eryn Springstead & Samanta Schmidt*

Message from your **Hillside Resident's Council:**

Our great staff cares for us all year round, month after month. Please consider recognizing them by donating to the year-end bonus fund with a check to "Hillside Resident's Council" or at hillsideterrace.net under the "Contact" tab