

JANUARY 2026



Hillside Terrace
SENIOR LIVING

Happy first wintery month of 2026! Now that the life enrichment director, Eryn and I are helping you recover from our chaotic month of holiday fun, some of you may be feeling the gloomy days on the outside. We kick off the new year at a much slower pace but still have some fun and exciting daily events on your calendar. Are you ready to hunt some Hillside reindeer around the Christmas tree forest?

We are now fully in the winter season, and we have already had a lot of people in our community falling ill. If you did not get your flu shot here in September, we highly recommend going to your local pharmacy or doctor's office to get vaccinated. If you are having any COVID, flu or respiratory symptoms, please ask to see one of our nurses right away, help us keep Hillside healthy!

**We wish each and every one of
you a joyful and healthy 2025!
Happy New Year!**

Nanya and Vic Litz
Chief Operating Owners



Happy Birthday Residents!

Evelyn Banker 1/1

Donald Eschelbach 1/8

Lois Schlachter 1/9

	SUNDAY	MONDAY	TUESDAY
			
	4 3:00 Chapel	5 9:30 Exercise 3:30 Manicures	6 9:30 Exercise 10:30 Kroger 1:30 Verna's Exercise 3:00 Movie & Popcorn
	11 3:00 Chapel	12 9:30 Exercise 10:30 Kroger 3:30 Manicures	13 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn
	18	19 9:30 Exercise 10:30 Kroger 3:30 Manicures	20 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Resident Council
	25 3:00 Chapel	26 9:30 Exercise 10:30 Kroger 3:30 Manicures	27 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie 1:30 Verna's Exercise 3:00 Movie & Popcorn

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Exercise 10:30 Trip to Ann Arbor Library 2:00 Meijer 3:30 Piano with Ed	2 9:30 Exercise 10:30 Chair Yoga 2:00 Bingo 3:30 Word Games	3 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles
7 Wellness Day 9:30 Exercise 10:30 Cards 2:00 Bingo 3:30 Music with Rob	8 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer	9 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:00 Reindeer Games	10 9:30 Exercise 10:30 Arts & Crafts 3:30 Word Games
14 9:30 Exercise 10:30 Farkle 1:00 Emagine Movie Hairspray	15 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer 3:30 Piano with Ed	16 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Music with Angela and Tom & January Birthday Party	17 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles
21 9:30 Exercise 10:30 Wheel of Fortune 2:00 Bingo 3:30 Music with San, Laz and Emily	22 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer	23 9:30 Exercise 10:30 News & Views 12:00 Lunch at Olive Garden 3:30 Word Games	24 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles
28 9:30 Exercise 10:30 UNO 2:00 Bingo 3:30 Music with Adam	29 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Big Meijer	30 9:30 Exercise 10:30 News & Views 2:00 Bingo for Bucks 3:30 Word Games	31 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles

OUTINGS & ACTIVITIES

JANUARY 1ST – TRIP TO ANN ARBOR PUBLIC LIBRARY

JANUARY 9TH – REINDEER GAMES

JANUARY 14TH – TRIP TO EMAGINE THEATER TO SEE HAIRSPRAY

JANUARY 23RD – LUNCH AT OLIVE GARDEN

JANUARY 29TH – TRIP TO BIG MEIJER



NEWS FROM ACTIVITIES

Happy New Year everyone and welcome 2025!

Join us Friday, January 9th for Reindeer Games – come have fun with the staff and management! We will be going out to the Emagine movie theater again to see Hairspray, the 1988 version. We also head back to Olive Garden for lunch and the Big Meijer for our shopping outing this month, look for sign-up sheets in your mailboxes to reserve your spot!

With a new year, come new beginnings and opportunities, and we are always looking to add new activities and outings to our schedule. If there is a hobby you would like to explore or revisit, a restaurant you want to try, or an outing we don't currently offer – please let us know! We would love to include them on the calendar in the new year!

*Everyone is Welcome,
Eryn Springstead*

Message from your **Hillside Resident's Council:**

Our great staff cares for us all year round, month after month. Please consider recognizing them by donating to the year-end bonus fund with a check to "Hillside Resident's Council" or at hillside terrace.net under the "Contact" tab