

SEPTEMBER 2025



Hillside Terrace
SENIOR LIVING

Hello everyone and welcome fall!

One of the best months to me because you can still soak up the end of the dog days of summer and get out on the lake, but it leads into those brisk cozy autumn nights by a fire!

We are ecstatic to celebrate the one-year anniversary of the opening of our Hillside Terrace Memory Care Community! As we celebrate the success of having our memory care open for a year, we also celebrate Hillside Terrace's 56th year.

This is also a month to celebrate our first day trip to Frankenmuth. Enjoying the various shops and lunching at Zehnders Chicken. We will be able to enjoy the fall colors on our drives to and from.

This is the last opportunity to sign up at the front desk, for a flu shot at Hillside's flu clinic on September 4th. We're watching the weather to switch over from A/C to heat. If need be, your family can bring in a **Hillside Approved** space heater.

Welcome to all new additions to the Hillside family!

Nanya and Vic Litz
Chief Operating Owners



Happy Birthday Residents!

Richard Bassett 9/3

Kathy Dilcher 9/20



SEPTEMBER

SUNDAY	MONDAY	TUESDAY
	1 <i>Labor Day</i> 2:00 Popsicles 3:30 Manicures	2 9:30 Exercise 10:30 Kroger 1:00 Piano with Elodie & Aeris 1:30 Verna's Exercise 3:00 Movie & Popcorn
7	8 9:30 Exercise 10:30 Kroger 3:30 Manicures	9 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn
14 3:00 Chapel	15 9:30 Exercise 10:30 Kroger 3:30 Manicures	16 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie & Aeris 1:30 Verna's Exercise 3:00 Resident Council Meeting
21	22 <i>First Day of Fall!</i> 9:30 Exercise 10:30 Kroger 3:30 Manicures	23 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Movie & Popcorn
28 3:00 Chapel	29 9:30 Exercise 10:30 Kroger 3:30 Manicures	30 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie & Aeris 1:30 Verna's Exercise 3:00 Movie & Popcorn

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 9:30 Exercise 10:30 Cards 2:00 Bingo 3:30 Music: Jim & Suzanne	4 9:30 – 12 Flu Clinic 1:30 Communion 2:00 Meijer 4:15 Garden Walk	5 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Word Games 3:30 Piano with Ed	6 9:30 Exercise 10:30 Arts & Crafts 3:30 Crossword Puzzles 7:30 Michigan v. Oklahoma
10 Wellness Day 9:30 Exercise 10:30 Cards 2:00 Bingo 3:30 Sweet Treats	11 9:30 Exercise 10:30 Outing to Ann Arbor Library 1:30 Communion 2:00 Meijer 4:15 Garden Walk	12 9:30 Exercise 10:30 News & Views 12:00 Lunch at Holiday's 3:30 Word Games	13 9:30 Exercise 10:30 Arts & Crafts 12:00 Michigan v. Central Tailgate
17 9:30 Exercise 10:30 Cards 2:00 Bingo 3:30 Music: Marsha and August Birthday Party	18 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer 4:15 Garden Walk	19 9:30 Exercise 10:30 News & Views 2:00 Bingo 3:30 Word Games 3:30 Piano with Ed	20 9:30 Exercise 10:30 Arts & Crafts 3:30 Michigan v. Nebraska Tailgate
24 9:30 Exercise 10:30 Cards 2:00 Bingo for Bucks 3:30 Sweet Treats	25 9:30 Exercise 10:30 Chair Yoga 1:30 Communion 2:00 Meijer 4:15 Garden Walk	26 9:30 Exercise 10:30 Day Trip to Frankenmuth 3:30 Music: Angela & Tom	27 9:30 Exercise 10:30 Arts & Crafts 3:30 Hangman

Special Outings and Activities!

Hillside Flu Clinic – September 4th at
9:30AM to 12:00PM

Lunch Outing to Holiday's – September 12th
at 12:00 PM

Michigan Wolverines v. Central MI
Chippewas– September 13th at 12:00PM

Michigan Wolverines v. Nebraska
Cornhuskers – September 20th
at 3:30PM

Day Trip to Frankenmuth – September 26th
at 10:30 AM



NEWS FROM ACTIVITIES

Welcome September and welcome Autumn!

Starting the month off we will be having Hillside's Annual Flu clinic on September 4th. The Flu Clinic will start at 9:30 AM and go until 12:00 PM. The RCA's will come around and get you when it is time for your turn. That way we don't overwhelm the kind nurses from the UofM.

We will have a day trip to Frankenmuth for some shopping, and lunch at Zehnder's Chicken. We will also be having a lunch outing to Holiday's for some classic American delights.

Lastly, GO BLUE! We will be cheering on the Michigan Wolverines with a tailgate party and snacks on the Saturdays when the game time allows.

*Everyone is Welcome,
Eryn Springstead*

Message from your **Hillside Resident's Council:**

Our great staff cares for us all year round, month after month. Please consider recognizing them by donating to the year-end bonus fund with a check to "Hillside Resident's Council" or at hillside terrace.net under the "Contact" tab